

[RELATIONSHIPS]

David L. Christopher, M.S.

Marriage & Family Therapist (MFC 30632)

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David Christopher, M.S.

As a highly skilled Licensed Marriage and Family Therapist with over 25 years experience, David provides treatment for anxiety, depression and a wide range of relationship issues.

Well known by his colleagues in the mental health industry, he has provided training to therapists throughout the county on treating substance abuse disorders as well as stepfamily dynamics.

His clients commend him for his broad ranging skill as a therapist and strong commitment to them.

David has been married more than 17 years and has two children. He is also an expert furniture maker and a serious runner, having completed four marathons.

Individuals
Couples
Families

“Helping Put You Back In Control Of Your Life”

Life is all about relationships. Depression, teen problems, family disputes, stepfamily pressures, spousal bickering or drug addiction can rob you of the happiness you deserve by distorting those relationships.

Pre-Marital
Marital
Stepfamilies

You don't have to be unhappy, feel you're not living up to your potential or suffer relationship problems with those you love. Join thousands of others who have become happier, more self-confident and more effective at dealing with life's stresses. What did they do? They called David Christopher for help.

Adolescents
Parenting

For over 25 years, David has helped people get back in control of their own lives. From the very first phone call, you'll feel instantly at ease and comfortable because he just feels “right”. You'll notice an immediate connection because he understands your problems.

Alcoholism &
Addictive Disorders

Understanding that provides positive results like these:

Peak Performance
for Athletes &
Serious Students

- ✓ Couples feel closer through achieving stronger communications. [More Info](#)
- ✓ Stepfamilies reestablish their respect and identity with each other. [More Info](#)
- ✓ Individuals once again enjoy life, released from the chains of depression, anger and anxiety. [More Info](#)
- ✓ Teens find respect and honesty helping them make the difficult transition to adulthood. [More Info](#)
- ✓ Families dealing with alcoholism or drug addiction find a new sense of comfort and understanding. [More Info](#)
- ✓ Sufferers of ADD/ADHD learn to effectively manage their day to day emotions and life. [More Info](#)
- ✓ Everyone experiences a more optimistic attitude and balanced lifestyle. [More Info](#)

Attention Deficit
Disorders (ADD)

Depression &
Anxiety

To get back in control of your own life and relationships, pick up the phone and call David at 858-792-0777 now.

If you'd rather email David, [Click Here](#).

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